



AISSMS
COLLEGE OF ENGINEERING
ज्ञानम् सकलजनहिताय
Accredited by NAAC with "A+" Grade



Name of the Program: International Yoga Day
Chief Guest: Kailash Patel, Sudhakar Shetty

Day & Date: Wednesday, 21/06/2023
Time: 8.30am-11.00am

REPORT


All India Shri Shivaji Memorial Society's College of Engineering, Pune- 01 National Service Scheme and sports department of our esteemed institute has organized a program to promote the numerous benefits of practicing yoga in association with Savitribai Phule Pune University, Pune and Institute of Information Technology on Wednesday, June 21st, 2023 at 8.30am. The theme selected for this year's International Day of Yoga 2023 is **"Yoga for Vasudhaiva Kutumbakam,"** which represents our shared desire for "One Earth, One Family, One Future." The AISSMS COE fraternity along with the chief guest Mrs. Kailash Patel and Sudhakar Shetty and Mrs. Rakhi Gugale, Bhartiya Yog Sanstha, New Delhi, Pune section NSS inaugurated the Yoga Day Program with garlanding the Ch. Rajshri Shahu Maharaj Statue and vandna. Yoga should become a part and parcel of daily life so that will help to enhanced the quality of life. At the auspicious moment, the kind presence of Principal, faculty, non- teaching staff, students and NSS volunteers and Trainers of Bhartiya Yoga Sanstha, New Delhi made the day glamorous by performing the various Physical exercise (Asanas). It highlights the importance of finding balance in our fast-paced, modern lives and encourages physical, mental, and spiritual harmony. Yoga fosters mindfulness, stress reduction, and overall health and vitality.

This 9th edition of international Yoga Day had enhanced the privilege of event and make the event more sophisticated in presence of huge gathering and the guest. As per the direction of regional director the program has scheduled on Monday, June 21st, 2023 at 8.30 am to create an awareness among the people.

The program International Yoga Day has been attended by more than **900 people** including head, faculty, staff and students and parents of both the institute. Dr. Manisha Kondhare and Mrs. Deepali More, Physical directors together has organized the program of international yoga day. The felicitation of all guests has been carried out with the hands of Sh. Dr. Pramod Mushrif, Head of the First Year Engin eering Department. Dr. Nana Shejwal, Prog officer, NSS has summaries the entire program and gave vote of thanks who supported to the program and make aforesaid program successful.

			
Yoga Activity	Inaugurations	Yoga Activity	Yoga Activity

Manesha
Dr M M Kondhare
Physical Director


Shri A B Bhonsle
Vice President Gymkhana


Dr D S Bormane
Principal

