



AISSMS
COLLEGE OF ENGINEERING
ज्ञानम् सकलजनहिताय
Accredited by NAAC with "A+" Grade



Name of Event: INTERNATIONAL YOGA DAY

Name of Event President: Dr. D. S. Bormane

Name of Resource Person: Smt. Kailash Patel, Shri. Sudhakar Shetty, Shri. Kamalji Jadhav, Smt. Nutan Bothare, Smt. Devyani Shah, Shri. Hiwale, Shri. Kalyankar Gajanan, Shri. Pradip Bhattacharya, Shri. K B Jadhav, Smt. Ulka Raut, Smt. Priya Naidu, Smt. Pushpa Manch

Name of Coordinator: Dr. N. N. Shejwal (PO. NSS)

Participants: Teaching, Non-Teaching Staff and Volunteers

Participants: 150

Date: 21/06/2022

Time: 09:00 am

Venue: AISSMS MBA parking

Event Report:

The International Yoga Day has been celebrated in our AISSMS, College of Engineering in association with Bhartiya Yog Sanstha, Yogashram Kendra, Rohini Sector-3, Yogashram Marg Mangalam Place, Delhi-110085 with great enthusiasm on 22.06.2022. The Principal, Teaching and non teaching staff and students of AISSMS, College of Engineering were participated in Yoga program.

The program has been inaugurates with the specious hands of the chief guest Mrs. Kailash Patel and K.B. Jadhav, Regional officer, Bharatiya Yoh Sanstha along with Dr. D S Bormane Principal and Dr. N.N. Shejwal, Prog. Officer, Dr, Manisha Kondhare, Physical Director and Shri. Sudhakar Shetty , District Coordinator, Smt. Nutan Bothare, Area Coordinator, Smt. Devyani Shah, Center coordinator and the volunteers such as Shri. Hiwale, Shri. Kalyankar Gajanan, Shri. Pradip Bhattacharya, Smt. Ulka Raut, Smt. Priya Naidu, Smt. Pushpa Manch.

The program begins with the Samai Lighting and Sarswati Vandana by NSS Volunteers. Hon. Dr. D. S. Bormane gave brief introduction about the yoga day. The Chief Guest explains the importance of yoga in our life. Everyone should perform yoga everyday at least 10 minutes for better health.

After the speech of the dignitaries the practical session has been conducted by the Yoga trainer. The different types of performance were carried out along with the explanation of their benefits to the different organs of the body. The program was conducted by Dr. Manisha Kondhare, Physical Director and NSS volunteers Samruddhi Sonawane etc. The vote of thanks was given by NSS volunteer Yash Kamble. The program ended with the National anthem. The tea and snacks has been provided to all the gathering.

Manesha

Dr M M Kondhare
Physical Director

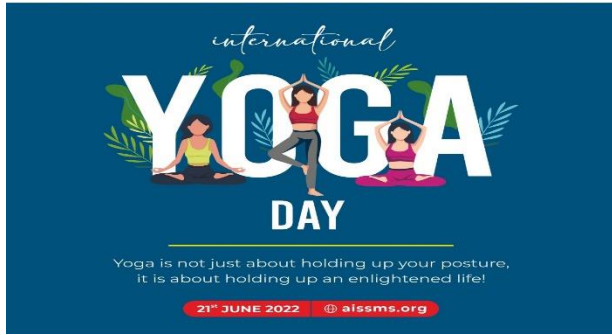
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Shri A B Bhonsle
Vice President Gymkhana

[Signature]

Dr D S Bormane
Principal

Photograph of the Event:



Manesha

Dr M M Kondhare
Physical Director

Shri A B Bhonsle
Vice President Gymkhana

Dr D S Bormane
Principal

