

Personal Information

Name : Dr. (Mrs.) Manesha Manoj Kondhare
Address : A/19 Gajvakra Appartment, K.P.Nagar,
Balaji Nagar, Dhankwade ,Pune 43
Mobil No.: 9881294721
Date of Birth : 16/04/1975
Designation : Physical Director



Educational Qualification

S.No	Degree	Board/University	Year of passing	Class obtained
1	S S C	Mah. Board	1992	I Class
2	H S C	Mah.Board	1994	II Class
3	B Com	Pune University	1997	II Class
4	B.Ed(Phy.Edn)	Pune University	1998	Ist Class with Dist.
5	M.Ed(Phy.Edn)	Pune University	2000	Ist Class with Dist.
6	SET(Phy.Edn)	Pune University	2001	1 st Attempted
7	B A	Pune University	2005	II Class
8	M.Phil(Phy.Edn)	Pune University	2011	'O' Grade
9	P hd (Phy Edn)	Nanded University	March 2017	

Other Qualification

S.No	Course	Institute/Govt	Year of passing	Class obtained
1	English Typing (30 & 60 W.P.M)	Mah .Govt.	1995 & 1996	II Class
2	English Shorthand	Mah.Govt.	1996	II Class
3	Diploma In Computer	Private Inst.	1995	I Class

Sports Achievements

S.No	Inter-Collegiate	Inter-Groups /States	Inter-University
1	Hand Ball	Hand Ball	Hand Ball
2	Foot Ball	Foot Ball	Football
3	Marathon	Marathon	--
4	Cross-Country	Cross-Country	---
5	Walking	Walking	---
6	10,000 m	10,000 m	--
7	5,000 m	5,000 m	--
8	3,000 m	3,000 m	--

Work Experience

S.N	Name of the Institute	Post Held	Periods		Part Time
			From	To	Full Time
1	St.Miras Primary School	Asst. teacher	June1998	May 2000	Part Time
2	YMCA Secondary School	Asst. teacher	June1999	May 2000	Part Time
3	YMCA Secondary School	Asst. teacher	June 2000	Aug.2000	Full Time
4	Dr.E.N.Nagarwala School	Asst. teacher	Sept.2000	May 2001	Full Time
5	S.V.Union High School & Jr.College	Asst. teacher	June 2001	July 2007	Full Time
6	AISSMS College of Engg.	Physical Director	Aug.2007	Till Today	Full Time

Paper Presented:

1. Inter National Conference on Yoga and Physical Education organized by Sir Parashurambhau College , Pune 30.
) Paper presented on Survey of Effect of Antenatal Exercises on Selected Common Complaints during Pregnancy on 11-13 January 2011.

2. National Conference on "Role of Sports Medicine and allied Science for the promotion of Sports" organized by Jai Hind Sindhu Education Trust's Manghanmal Udharam College of Eommerce Pimpri, Pune-411017.
 -) Paper presented on Survey of Effect of Antenatal Exercises on Selected Common Complaints during Pregnancy on 08-10 October 2012.
3. One Day National Conference on "Yoga for Sports, Education and Fitness" organized by Department of Physical Education Savitribai Phule Pune University, Pune.
 -) Effect of Antenatal Yoga and Antenatal Exercise on Physiological and Psychological Common Complaints During Pregnancy.

Paper Published

1. Survey of Effect of Antenatal Exercises on Selected Common Complaints during pregnancy , International Education E-Journal Volume-IV, ISSUE-I, Jan-Feb-Mar 2015.
2. Sports Medicine and Allied Sciences" Survey of Effect of Antenatal Exercises on Selected Common Complaints during pregnancy
3. National Conference on "Recent Trends inPhysical Education and Sports" organized by Yashavantrao Chavan Institute of Science, Satara " Sport and Health"
4. " Benefits of Exercises on Selected Physiological common Complaints During pregnancy" Journal of Physical Education VolumnI Issue I pp, 08-17.

Conference Attended

1. The Sports Training Camp and Conference organized by Amrutvahini Engineering College, Amrutnagar, Tal. Sangaaaamner, Dist. Ahmednagar on behalf of University of Pune at held Amrutnagar, Tal Sangamner, Dist.Ahmednagar from 29 March 2011 to 31 March 2011.
2. 9th Inter National Conference on "Yogic Insight Through Natha Literature" organized by The Lonavala Yoga Institute (India).
3. Attended the Orientation Programme Under the Academic Staff Orientation Scheme of UGC which was held from 03-10-2013 to 30-10-2013 at University of Pune Campus.
4. National Conference on "Recent Trends inPhysical Education and Sports" organized by Yashavantrao Chavan Institute of Science, Satara.
5. On Day Workshop on Anti Doping Awareness organized by Savitribai Phule Pune University.

6. Symposium 2014 "First Pune Inter National Marathon Symposium 2014 organized by Maharashtra Mandal's Chandrashekhar Agashe College of Physical Education, Pune
7. Four Hours Workshop Pre-Post Natal Exercise organized by Bfymarket, Pune

Faculty Achievement

1. Appointed as the Charmain of the selection Committee for Wrestling(W) team which was held are Ness Wadia College on 25/08/2008.
2. Appointed as a Manager for the Inter Zonal Football (W) tournament 2009-2010 conducted by University of Pune which was held at Art and Commerce and Science College Narayangaon from 20 to 21th October 2009.
3. Appointed as a member of the selection committee to select Kabaddi (W) team from the Inter-Collegiate competition which was held at CACPE, Pune form 18th August to 20th August 2010.
4. Appointed as a member of the selection committee to select Football (W) team from the Inter-Collegiate competition which was held at AISSMS COE, Pune on 26th November 2010.
5. Appointed as a member of the selection committee to select Chess(M/W) team from the Inter-Collegiate competition which was held at IMCC, Pune form 25th July to 29th July 2011.
6. Appointed as a member of the selection committee to select Cross Country(M/W) team from the Inter-Collegiate competition which was held at Shahu College, Pune form 7th August 2012.
7. Appointed as a member of the selection committee to select Hand Ball(M/W) team from the Inter-Collegiate competition which was held at MIT COE, Pune form 24th to 29th September 2012.
8. Appointed as a Manager for the Inter Zonal Handball (M/W) tournament 2012-2013 conducted by University of Pune which was held at Annasaheb Waghire College from 6th to 7th October 2012.
9. Appointed as a member of the selection committee to select Cycling (M/W) team from the Inter-Collegiate competition which was held at S P College, Pune on 31st August 2013.
- 10 Appointed as a Manager for the Inter Zonal Cycling (M/W) tournament 2013-2014 conducted by University of Pune which was held at Takli Shokeshwar on 5th to 6th September 2013.
- 11 Participated in Inter-Zonal Volley Ball Competition and secured First Position for the academic year 2012-2013.

- 12 Appointed as Flying Squad member for examination for the academic year 2012-2013 from 29-04-2013 to 14-05-2013.
- 13 Appointed as the Executive Board Member of Pune City Zonal Sports Committee for the academic year 2012-2013.
- 14 Appointed as a member of the selection committee to select Handball (/W) team from the Inter-Collegiate competition which was held at CACPE, Pune on 29th September 2016.
- 15 Appointed as the Executive Board Member of Pune City Zonal Sports Committee for the academic year 2016-2017.
- 16 Appointed as the Executive Board Member of Pune City Zonal Sports Committee for the academic year 2017-2018
- 17 Appointed as a member of the selection committee to select Handball (M) team from the Inter-Collegiate competition which was held at Modern College , Pune.

Inter-Departmental Committee at College.

1. I worked for Shivanjali Committee from 2008 to 2018.
2. Appointed as member for Womens Grievance Readressal Committee for the academic year 2013 - 2014.
3. Appointed as member for Anti Ragging Squad from the academic year 2008 to 2018.

Organization of Events:

1. Sports and Cultural Event Ashwamedh Inter-Collegiate Competition organized from 2008 to 2018
2. "Shivaji Cricket Trophy" State Level Cricket Tournament organized from 2009 to 2018.
3. "Shahu Football Trophy" A State Level Football Tournament organized from 2011 to 2018
4. Inter- Department Sports Competition from 2007 to 2018.